

NEW AND EXPANDED SYMPOSIUM...ATLANTA

SEPTEMBER 25, 26 and 27, 2009
HILTON AIRPORT HOTEL, ATLANTA, GEORGIA

As mentioned in our Tweener letter a short time ago, this promises to be the **FINEST** and **GREATEST** symposium ST/Dystonia has ever hosted. Since our Tweener letter it's become even better and just continues to be that way so come early and stay late, until at least 2 PM on Sunday or, maybe, leave on Monday. You will be glad you did.

Remember, though, that for those of you who sign up with our registration fee before June 1st, your name will be placed in a hat and the winners will receive one of the following:

- **2 free upgrades to a junior suite**
- **3 free Obusforme high back backrests**
- **1 wrap around pillow**
- **1 free registration fee of \$89**

What do we have in mind for ya'll? For the early birds who want to come for some really great tours, and especially for you Civil War buffs, you will have 3 to go on (see our tour insert). These are absolutely fantastic tours. They start with tour #1 on September 23.

Friday night is when all of the action first starts, but, first, a real highlight for all registered ST'rs; you will receive 2 books FREE. One is "Yoga for Movement Disorders" and the other is "Living Easier with ST"— Both very well written. Retail value, over \$25! A true bargain! After registration at 4 PM, the festivities begin with a cash bar at 5:45 PM followed by a buffet of Italian foods followed by two keynote speakers - Tracy Blowers from Minnesota and Dawn Brinkley of North Carolina (and, hopefully, she will be Mrs. North Carolina by that time). These two women are very **POSITIVE AND INTERESTING**.

On Saturday our meeting just got better, much better. Here is a list of the doctors and their topics. Very Interesting, very informative and very different.

Moderator and Official Host: **Matthews Gwynn, MD**, Neurologist, Atlanta Neurology – maybe he will do his hog call?

James Auberle, MD, Neurologist, Toledo Clinic, presenting on "Is ST a Movement Disorder or a Sensory Disorder? Some people believe it's the latter. What is it? He will tell us.

Eric Johnson, Ph D, U of WI, Madison, WI Co-developer of Oculinum (now botox) who will explain what the differences are between all the various types of toxins and how they work in their own ways.

Erwin Montgomery, MD, Neurologist, U of Alabama, Birmingham, will present on the DBS operation BUT also on how his research specifically helps ST - What part of the brain does he believe is responsible? Very interesting.

Carlos Arce, MD, Neurosurgeon, U of Florida, Jacksonville, Selective Denervation operation is his specialty. He is the best in the World - period.

Charles David, MD, Neurologist, U of Vanderbilt, Nashville, Healthcare Reform: Update on Federal Initiative. What is happening with Medicare, with National Health Insurance and how will it affect our injection periods. A most interesting subject and of utmost importance.

In addition, **Mark LeDoux, MD**, Neurologist, U of TN, Memphis, will be there to gather blood for samples for his ongoing genetic studies so bring your "fresh" blood for him. He needs lots more to continue his studies.

After these doctors are done with their presentations, there will be a Q & A period of approximately 2 - 2 1/2 hours followed by breakout corners for you to ask one of them a question or two about your own situation (limited to about 5 minutes per doctor).

Our normal **"working lunch"** will take place around noon with sandwiches being served.

Saturday night will start with a cash bar at 5:45 PM followed by dinner at 7 followed by **DANCING WITH THE STARS** – with an energetic DJ.

Sunday morning is jam packed. All the way from Tacoma, WA comes **Patrick Hogan, DO**, who will advise of his beliefs that exercise, music and dancing has a very beneficial effect on the brain. Following that will be a full morning of:

Yoga exercises for one hour at the most led by the author of the book, "Yoga for Movement Disorders", **Renee LaVerrier** who has both Parkinson's and Dystonia. She wrote the book you will receive.

Mikki Townshend, Physical Therapist, from Seattle will then lead us in some basic Physical Therapy exercises. Mikki has worked with us for several years now and has written several articles. She understands ST.

Sondra Davis, our own member will lead us in some Tai Chi exercises. She was very popular in Baltimore and has won many, many medals.

A great thing for you is to be able to combine some or all of these for yourself to help make you feel much better about yourself. Many past attendees have asked for programs like these.

Immediately after all the exercises, our member from New York, Sheila Gaeckler, a professional group coordinator and fellow ST'r, will lead a group discussion for those of you who want to participate in a caring and sharing meeting. This can be very productive.

Where will you be staying? At the Hilton Airport Hotel, a stones throw from the airport. You will have a free shuttle and all the meetings will be held there. The cost is just \$99 plus tax. Call 404 767 9000 for reservations and specify you're with ST Dystonia. Our room block is only good until September 1 so reserve your rooms early. You can always cancel.

Your cost with ST Dystonia is just \$89 per person and this includes 3 meal functions, one on Friday night and 2 on Saturday. **AS WE MENTIONED COME EARLY AND STAY LATE**. You will enjoy and you will have some great remembrances..... Will there be more? It's possible! Stay tuned.

Registration Information

***Your fee only \$89 per person before June 1, 2009**

Name on tag _____

Guest name _____

Address _____

Make check payable to ST/Dystonia and mail to:
P.O. Box 28, Mukwonago, WI 53149
1-888-445-4588

What do you get for \$89.00?

YOUR REGISTRATION FEE! IT OFFERS YOU A LOT FOR A LITTLE. Not only will you learn from the leading specialists who treat torticollis, but you will meet and mingle with the greatest people in the world, ST'rs, and you will be with them at our Friday night feast, Saturday lunch and enjoy dinner on Saturday evening, complete with entertainment and a great DJ. Can you pass all of this up? Send in your registration right now!

Cancellation: Request for cancellation must be in writing. A \$10 administrative fee will be withheld from all cancellation refunds. No refunds after September 15, 2009.

YOU'LL RECEIVE

2

GREAT BOOKS!

(FREE for Registered ST'rs)

